

PREPLAN FOR CRISIS RESPONSE

DO's and DON'T'S

DO's

- Do wait until you are called to respond
- Do bring your identification with you to the command center
- Do dress for the conditions
- Do immediately report to your incident commander
- Do be willing to accept all reasonable assignments
- Do ask for clarification if you have questions or are uncertain
- Do monitor yourself and your team mates for signs of fatigue or trauma contamination
- Do take care of your personal basic needs (food, water, breaks, etc)
- Do leave when told to
- Do process your own emotions after you leave

DON'T's

- Don't divulge information about the incident to others when you are called to respond
- Don't respond without being invited
- Don't over extend your role
- Don't make unilateral decisions
- Don't worry alone
- Don't provide information to victims, family members, media, etc. without prior authorization
- Don't answer questions you do not know the answer to or have the authority for
- Don't hang around the scene when you are relieved
- Don't stand around in public places and talk or laugh with other responders
- Don't cauterize your emotions
- Don't divulge information about the incident after you leave unless you have been given permission

Information contributed by Dr. John Nicoletti